



# Women's Track & Field Records

Updated through 2016-17 season

## INDOOR

|              |                   |                   |         |
|--------------|-------------------|-------------------|---------|
| 55m          | Megan Nigbur      | 7.52              | 2/18/11 |
| 55mH         | Kalie Kirk        | 8.27              | 2/19/10 |
| 60m          | Brittney Cloudy   | 7.86              | 12/3/11 |
| 60mH         | Kalie Kirk        | 8.82              | 1/16/10 |
| 200m         | Tiffany Alexander | 25.30             | 2/18/11 |
| 400m         | Kita Alvares      | 56.28             | 2/1/14  |
| 500m         | Allison Walter    | 1:14.26           | 2/23/14 |
| 600y         | Maddie O'Quinn    | 1:24.93           | 2/5/11  |
| 600m         | Allison Walter    | 1:33.64           | 1/31/14 |
| 800m         | Emma Kidd         | 2:12.94           | 2/6/16  |
| 1000m        | Sara Fraley       | 2:53.14           | 2/18/11 |
| Mile         | Margo Richardson  | 4:50.77           | 1/31/14 |
| 3000m        | Annika Gomell     | 9:43.61           | 2/7/15  |
| 5000m        | Annika Gomell     | 16:44.99          | 2/22/15 |
| 4x400m       | Kita Alvares      | 3:47.30           | 1/25/14 |
|              | Allison Walter    |                   |         |
|              | Emma Kidd         |                   |         |
|              | Hannah Rohde      |                   |         |
| 4x800m       | Elise Moore       | 9:05.56           | 2/21/16 |
|              | Laura Schlueter   |                   |         |
|              | Katherine Kelly   |                   |         |
|              | Emma Kidd         |                   |         |
| DMR          | Jenna Romano      | 11:54.31          | 2/18/11 |
|              | Maddie O'Quinn    |                   |         |
|              | Sara Fraley       |                   |         |
|              | Margo Richardson  |                   |         |
| Pole Vault   | Stephanie Uhrich  | 3.60m (11-9.75)   | 1/15/16 |
| Triple Jump  | Brittney Cloudy   | 12.40m (40-8.25)  | 2/18/12 |
| Long Jump    | Brittney Cloudy   | 5.82m (19-1.25)   | 1/28/12 |
| High Jump    | Naya Owusu        | 1.76m (5-9.25)    | 1/18/14 |
| Weight Throw | Hannah Kuenzel    | 15.51m (50-10.75) | 2/22/14 |
| Shot Put     | Hannah Kuenzel    | 13.71m (44-11.75) | 1/18/13 |
| Pentathlon   | Mallory Dugger    | 3061              | 2/17/12 |

## OUTDOOR

|               |                     |                  |         |
|---------------|---------------------|------------------|---------|
| 100m          | Mackenzie Bonk      | 12.18            | 4/2/16  |
| 200m          | Tiffany Alexander   | 24.95            | 4/2/11  |
| 400m          | Allison Walter      | 54.57            | 4/20/13 |
| 800m          | Emma Kidd           | 2:09.27          | 5/3/15  |
| 1500m         | Margo Richardson    | 4:23.54          | 4/18/13 |
| 3000m         | Lauren Fyalka       | 10:00.41         | 3/24/12 |
| 2000m St.     | Margo Richardson    | 7:07.68          | 3/24/12 |
| 3000m St.     | Margo Richardson    | 11:05.41         | 3/31/12 |
| 5000m         | Annika Gomell       | 16:13.74         | 4/18/15 |
| 10,000m       | Annika Gomell       | 33:54.72         | 4/3/15  |
| 100mH         | Kita Alvares        | 13.97            | 5/4/13  |
| 400mH         | Kita Alvares        | 59.56            | 5/23/13 |
| 4x100m        | Mackenzie Bonk      | 47.66            | 5/2/15  |
|               | Hannah Rohde        |                  |         |
|               | Maddie Bryan        |                  |         |
|               | Rachel Staab        |                  |         |
| 4x200m        | Hannah Rohde        | 1:40.81          | 4/24/15 |
|               | Maddie Bryan        |                  |         |
|               | Rachel Staab        |                  |         |
|               | Kelsey Gentry       |                  |         |
| 4x400m        | Allison Walter      | 3:43.45          | 4/25/14 |
|               | Hannah Rohde        |                  |         |
|               | Kita Alvares        |                  |         |
|               | Laura Schlueter     |                  |         |
| 4x800m        | Jamee Holmes        | 8:49.42          | 5/2/15  |
|               | Elise Moore         |                  |         |
|               | Alex Groene         |                  |         |
|               | Emma Kidd           |                  |         |
| 4x1600m       | Margo Richardson    | 20:21.58         | 4/26/12 |
|               | Hilary Orf          |                  |         |
|               | Jamee Holmes        |                  |         |
|               | Jenna Romano        |                  |         |
| Sprint Medley | Mallory Dugger      | 4:00.19          | 4/30/11 |
|               | Caitlyn Brinkmann   |                  |         |
|               | Allison Walter      |                  |         |
|               | Sara Fraley         |                  |         |
| DMR           | Margo Richardson    | 11:45.52         | 4/29/11 |
|               | Ashley Roche        |                  |         |
|               | Caitlin McCarthy    |                  |         |
|               | Hilary Orf          |                  |         |
| Pole Vault    | Stephanie Uhrich    | 3.61m (11-10)    | 4/16/16 |
| High Jump     | Naya Owusu          | 1.76m (5-9.25)   | 4/25/14 |
| Triple Jump   | Brittney Cloudy     | 12.70m (41-8)    | 4/24/10 |
| Long Jump     | Brittney Cloudy     | 6.05m (19-10.25) | 5/24/12 |
| Shot Put      | Hannah Kuenzel      | 14.37m (47-1.75) | 4/6/13  |
| Discus        | Hannah Kuenzel      | 44.70m (146-8)   | 5/4/14  |
| Javelin       | Nicole Delesdernier | 39.56m (129-9)   | 4/6/13  |
| Hammer        | Kamaria Gage        | 48.33m (158-7)   | 5/6/17  |
| Heptathlon    | Mallory Dugger      | 4396             | 5/6/12  |



# Men's Track & Field Records

Updated through 2016-17 season

## INDOOR

|              |                         |                  |         |
|--------------|-------------------------|------------------|---------|
| 55m          | David Whelan            | 6.52             | 2/20/09 |
| 55mH         | Dahmar Smiles           | 7.58             | 2/19/11 |
| 60m          | David Whelan            | 7.04             | 1/31/09 |
| 60mH         | Dahmar Smiles           | 8.01             | 1/7/11  |
| 200m         | Matt Alexander          | 22.65            | 1/26/08 |
| 400m         | Griffin McCurren        | 49.54            | 1/28/17 |
| 500m         | Griffin McCurren        | 1:03.72          | 2/19/17 |
| 600y         | Matt Alexander          | 1:16.62          | 1/12/07 |
| 600m         | Luke Hibbeler           | 1:21.80          | 2/14/14 |
| 800m         | Wes Schoenthal          | 1:53.74          | 2/5/16  |
| 1000m        | Albert Marban           | 2:29.82          | 2/21/15 |
| Mile         | Sean Conlin             | 4:16.71          | 2/10/16 |
| 3000m        | Hiob Gebisso            | 8:18.84          | 2/4/17  |
| 5000m        | Neal Fitzpatrick        | 14:33.15         | 2/5/16  |
| 4x400m       | Kyle Clinkingbeard      | 3:17.45          | 2/4/17  |
|              | Will Moore              |                  |         |
|              | Josh Freivogel          |                  |         |
|              | Nathan Hall             |                  |         |
| 4x800m       | Tannock Blair           | 7:40.82          | 2/20/16 |
|              | Ryan Noonan             |                  |         |
|              | Albert Marban           |                  |         |
|              | Wes Schoenthal          |                  |         |
| DMR          | Dorrian Gordon          | 10:03.27         | 2/5/16  |
|              | Nathan Hall             |                  |         |
|              | Albert Marban           |                  |         |
|              | Wes Schoenthal          |                  |         |
| High Jump    | Michael Reader          | 1.99m (6-6.25)   | 2/19/17 |
| Long Jump    | Shon Layson             | 6.75m (22-1.75)  | 12/6/14 |
| Triple Jump  | DeeJay Owens            | 13.41m (44-0)    | 1/22/16 |
| Shot Put     | Connor Stelljes         | 15.44m (50-8)    | 2/20/16 |
| Weight Throw | Justin Kwasa            | 18.98m (62-3.25) | 2/18/11 |
| Heptathlon   | Jaryn Blackshear-Bryant | 4,455            | 2/19/17 |

## OUTDOOR

|               |                         |                  |         |
|---------------|-------------------------|------------------|---------|
| 100m          | David Whelan            | 10.90            | 4/4/09  |
| 200m          | Mark Zimmer             | 21.79            | 5/2/10  |
| 400m          | Mark Zimmer             | 48.35            | 5/2/10  |
| 800m          | Sean Canavin            | 1:50.93          | 4/20/13 |
| 1500m         | Tannock Blair           | 3:48.86          | 4/15/17 |
| Mile          | Brian Holdmeyer         | 4:06.81          | 6/1/11  |
| 3000m         | Tim Zellmer             | 8:37.16          | 3/24/12 |
| 3000m St.     | Lance Mueller           | 9:23.90          | 5/8/16  |
| 5000m         | Neal Fitzpatrick        | 14:15.98         | 4/15/16 |
| 10,000m       | Manuel de Backer        | 29:29.17         | 3/25/17 |
| 110mH         | Dahmar Smiles           | 14.02            | 5/29/10 |
| 400mH         | Luke Hibbeler           | 52.69            | 5/3/14  |
| 4x100m        | David Whelan            | 41.80            | 5/2/10  |
|               | Dahmar Smiles           |                  |         |
|               | Mike Collins            |                  |         |
|               | Mark Zimmer             |                  |         |
| 4x200m        | Will Moore              | 1:29.16          | 4/29/17 |
|               | Josh Freivogel          |                  |         |
|               | Griffin McCurren        |                  |         |
|               | Kyle Clinkingbeard      |                  |         |
| 4x400m        | Kyle Clinkingbeard      | 3:14.62          | 5/8/16  |
|               | Josh Freivogel          |                  |         |
|               | Nathan Hall             |                  |         |
|               | Griffin McCurren        |                  |         |
| 4x800m        | Tannock Blair           | 7:30.22          | 4/27/16 |
|               | Kevin Ganahl            |                  |         |
|               | Albert Marban           |                  |         |
|               | Wes Schoenthal          |                  |         |
| 4x1600m       | Sean Canavin            | 17:42.43         | 5/27/12 |
|               | Michael Sclarici        |                  |         |
|               | Henry Arndt             |                  |         |
|               | Tim Zellmer             |                  |         |
| Sprint Medley | Kyle Clinkingbeard      | 3:30.70          | 4/27/16 |
|               | Josh Freivogel          |                  |         |
|               | Will Moore              |                  |         |
|               | Colton Nettleton        |                  |         |
| DMR           | Tannock Blair           | 9:55.16          | 4/27/16 |
|               | Nathan Hall             |                  |         |
|               | Albert Marban           |                  |         |
|               | Hiob Gebisso            |                  |         |
| Long Jump     | Jonathan Parker         | 6.67m (21-10.75) | 4/15/17 |
| Triple Jump   | DeeJay Owens            | 14.27m (46-10)   | 5/7/16  |
| Pole Vault    | David Umphries          | 3.65m (11-11.75) | 4/5/08  |
| High Jump     | Will Hinegardner        | 2.03m (6-8)      | 4/16/16 |
| Javelin       | Alexander Eldridge      | 52.98m (173-10)  | 4/1/17  |
| Shot Put      | Todd Johnson            | 14.64m (48-0.25) | 5/3/15  |
| Discus        | Justin Kwasa            | 46.47m (152-5)   | 4/18/09 |
| Hammer        | Justin Kwasa            | 59.60m (195-6)   | 5/13/11 |
| Decathlon     | Jaryn Blackshear-Bryant | 5,661            | 3/25/17 |