

2016 NCAA DI Midwest Region Cross Country Championships
Ashton Cross Country Course, Iowa City, IA
11/11/2016
Mens 10000M

Place	TmPl	No.	Name	Yr	Team	Rank	1k	Rank	3k	Rank	4k	Rank	5k	Rank	7k
1	1	554	Luke Traynor	Sr	Tulsa	25	2:58.1	23	4:17.7	20	12:23.8	4	15:26.2	2	21:38.2
2	2	503	Joshua Thompson	Sr	Oklahoma State	71	2:59.9	63	4:19.6	14	12:23.7	9	15:26.4	3	21:38.2
3	3	539	Joel Reichow	Sr	South Dakota St.	16	2:57.6	20	4:17.5	33	12:24.4	26	15:27.3	16	21:38.9
4	4	491	Hassan Abdi	Jr	Oklahoma State	77	3:00.1	73	4:20.2	18	12:23.8	13	15:26.6	13	21:38.7
5	5	366	Dylan Lafond	Sr	Illinois	60	2:59.5	69	4:20.0	29	12:24.2	19	15:27.0	12	21:38.6
6	6	483	Dylan Blankenbaker	Sr	Oklahoma	11	2:57.3	15	4:17.1	3	12:23.1	5	15:26.2	1	21:31.4
7	7	352	Reed Fischer	Sr	Drake	54	2:59.3	60	4:19.5	26	12:24.1	17	15:26.9	10	21:38.6
8	8	400	Thomas Pollard	Fr	Iowa State	19	2:57.8	27	4:17.9	25	12:24.0	22	15:27.1	22	21:39.2
9	9	330	Michael Ward	Jr	Bradley	52	2:59.2	48	4:19.0	23	12:23.9	16	15:26.8	11	21:38.6
10	10	551	Benjamin Preisner	Jr	Tulsa	15	2:57.5	13	4:17.0	9	12:23.4	8	15:26.3	4	21:38.4
11	11	550	Henry Pearce	Jr	Tulsa	21	2:58.0	18	4:17.3	13	12:23.6	12	15:26.6	6	21:38.5
12	12	552	Adam Roderique	Jr	Tulsa	29	2:58.3	36	4:18.4	31	12:24.4	32	15:27.9	24	21:39.4
13	13	322	Patrick Campbell	Sr	Bradley	55	2:59.4	34	4:18.3	34	12:24.4	23	15:27.2	7	21:38.5
14	14	433	Obsa Ali	Jr	Minnesota	108	3:01.8	111	4:22.5	60	12:27.0	47	15:29.0	21	21:39.2
15	15	493	Sylvester Barus	Jr	Oklahoma State	64	2:59.6	54	4:19.3	10	12:23.5	10	15:26.5	5	21:38.4
16	16	327	Jake Hoffert	Fr	Bradley	28	2:58.3	19	4:17.4	16	12:23.7	20	15:27.0	19	21:39.1
17	17	364	Jonathan Davis	Fr	Illinois	17	2:57.8	12	4:16.9	6	12:23.3	1	15:26.0	8	21:38.5
18	18	439	Charlie Lawrence	Jr	Minnesota	93	3:01.1	89	4:21.1	57	12:26.7	39	15:28.5	14	21:38.8
19	19	397	Kevyn Hoyos	Sr	Iowa State	23	2:58.0	32	4:18.3	46	12:25.1	43	15:28.6	38	21:42.5
20	20	500	Christian Liddell	So	Oklahoma State	58	2:59.4	53	4:19.2	37	12:24.5	34	15:28.0	27	21:39.8
21	21	392	Josef Andrews	So	Iowa State	22	2:58.0	30	4:18.1	42	12:25.0	40	15:28.5	37	21:42.4
22	22	520	Keith Meyer	Sr	SIU-Edwardsville	44	2:59.0	51	4:19.1	24	12:24.0	18	15:26.9	9	21:38.6
23	23	492	Anthony Armstrong	Jr	Oklahoma State	96	3:01.2	101	4:21.9	68	12:29.0	61	15:31.6	35	21:41.5
24	24	482	Eric Aldritt	Sr	Oklahoma	66	2:59.7	29	4:18.1	30	12:24.2	21	15:27.1	20	21:39.1
25	25	370	Jesse Reiser	So	Illinois	50	2:59.2	46	4:18.9	45	12:25.1	28	15:27.5	17	21:38.9
26	26	536	Ayub Kassim	So	South Dakota St.	99	3:01.3	100	4:21.6			66	15:35.0	53	21:49.7
27		374	Kyle Mattes	So	Illinois State	35	2:58.5	40	4:18.7	22	12:23.9	24	15:27.2	25	21:39.6
28	27	367	Dan Lathrop	So	Illinois	56	2:59.4	35	4:18.4	35	12:24.4	25	15:27.2	26	21:39.7
29	28	398	Andrew Jordan	Fr	Iowa State	31	2:58.3	31	4:18.1	28	12:24.1	33	15:28.0	34	21:41.2
30	29	440	Connor Olson	Fr	Minnesota	92	3:01.0	94	4:21.3	56	12:26.6	49	15:29.1	31	21:40.4
31	30	321	Caleb Beck	Sr	Bradley	36	2:58.5	33	4:18.3	21	12:23.9	29	15:27.5	30	21:40.3
32	31	412	Michael Melgares	So	Kansas	24	2:58.1	37	4:18.5	36	12:24.4	35	15:28.2	33	21:41.1
33	32	451	Drew White	Sr	Missouri	13	2:57.5	16	4:17.1	19	12:23.8	14	15:26.7	23	21:39.3
34	33	356	Riley McInerney	Sr	Eastern Illinois	41	2:58.7	56	4:19.4	47	12:25.3	55	15:29.8	54	21:49.8
35	34	411	Chris Melgares	Jr	Kansas	9	2:57.1	14	4:17.1	8	12:23.4	11	15:26.5	28	21:39.9
36	35	501	Luis Martinez	Jr	Oklahoma State	72	3:00.0	66	4:19.8	49	12:25.4	50	15:29.2	40	21:42.8
37	36	449	Oliver Lockley	Sr	Missouri	14	2:57.5	9	4:16.8	2	12:23.0	2	15:26.1	29	21:39.9
38	37	533	Kyle Burdick	So	South Dakota St.	89	3:00.7	91	4:21.2	59	12:26.9	54	15:29.5	41	21:43.5
39	38	534	Trevor Capra	Sr	South Dakota St.	107	3:01.8	113	4:22.8	81	12:32.2	64	15:34.5	42	21:45.7
40	39	363	Zach Dale	Fr	Illinois	70	2:59.8	62	4:19.6	52	12:25.8	46	15:28.8	46	21:46.4

41	40	357	Paxson Menard	Sr	Eastern Illinois	47	2:59.1	68	4:19.9	39	12:24.8	45	15:28.8	43	21:45.7
42	41	569	Ugis Jocis	Sr	Wichita State	1	2:56.6	2	4:15.9	1	12:23.0	3	15:26.1	47	21:46.5
43	42	458	Wyatt McGuire	So	Nebraska	135	3:04.0	126	4:24.2	69	12:29.0	52	15:29.2	18	21:38.9
44	43	383	Ben Anderson	Jr	Iowa	82	3:00.3	82	4:20.6	65	12:28.0	58	15:30.2	44	21:45.8
45	44	396	Toby Hardwick	Jr	Iowa State	42	2:58.8	59	4:19.4	77	12:31.0	69	15:35.8	60	21:56.5
46	45	376	Kyle Hauser	Sr	Illinois-Chicago	38	2:58.6	21	4:17.6	17	12:23.7	31	15:27.9	48	21:47.1
47	46	394	Dan Curts	So	Iowa State	88	3:00.7	95	4:21.4	97	12:34.9	84	15:40.2	66	22:00.8
48		541	Josh Maier	Fr	Southern Illinois	81	3:00.3	64	4:19.6	48	12:25.3	44	15:28.7	36	21:42.1
49	47	405	James Hampton	Sr	Kansas	18	2:57.8	24	4:17.8	11	12:23.5	15	15:26.7	32	21:41.0
50	48	487	Liam Meirow	So	Oklahoma	5	2:57.0	17	4:17.3	4	12:23.1	6	15:26.2	49	21:47.9

Results by Josh Gerber of Wayzata Results, Inc. Results will be posted online @ www.wayzatarresults.com

2016 NCAA DI Midwest Region Cross Country Championships
Ashton Cross Country Course, Iowa City, IA
11/11/2016
Mens 10000M

Place	TmPl	No.	Name	Yr	Team	Rank	1k	Rank	3k	Rank	4k	Rank	5k	Rank	7k	F
51	49	508	Manuel De Backer	So	Saint Louis	48	2:59.1	49	4:19.0	41	12:24.9	38	15:28.3	45	21:46.2	
52	50	535	Chase Cayo	Fr	South Dakota St.	127	3:03.4	127	4:24.2	103	12:36.3	93	15:42.3	69	22:01.1	
53	51	560	Bryce Miller	Jr	UMKC	32	2:58.3	25	4:17.8	7	12:23.4	7	15:26.3	15	21:38.8	
54	52	424	Jake Brown	Sr	Loyola (Ill.)	149	3:04.9	145	4:26.7	91	12:34.3	78	15:38.8	58	21:54.7	
55	53	423	Alex Baker	Sr	Loyola (Ill.)	147	3:04.8	157	4:27.7	120	12:43.6	113	15:49.0	85	22:12.0	
56	54	399	John Nownes	So	Iowa State	95	3:01.1	97	4:21.5	85	12:32.9	81	15:39.0	67	22:00.8	
57	55	549	Jay Ort	So	Tulsa	33	2:58.5	43	4:18.7	58	12:26.7	60	15:31.3	62	21:56.9	
58	56	369	Sean Pengelly	Sr	Illinois	49	2:59.2	26	4:17.9	43	12:25.0	53	15:29.3	50	21:48.2	
59	57	546	Isaac Dobos	So	Tulsa	20	2:57.9	22	4:17.7	12	12:23.6	27	15:27.4	51	21:48.3	
60	58	406	Dylan Hodgson	So	Kansas	27	2:58.2	41	4:18.7	32	12:24.4	36	15:28.2	52	21:48.3	
61	59	540	Brendan Sage	Sr	South Dakota St.	110	3:02.0	114	4:22.8	96	12:34.8	72	15:37.6	68	22:00.9	
62	60	386	Ian Eklin	So	Iowa	111	3:02.2	107	4:22.2	82	12:32.6	76	15:38.5	71	22:03.5	
63	61	436	Joey Duerr	Fr	Minnesota	119	3:02.9	122	4:24.0	104	12:36.7	94	15:42.3	74	22:04.4	
64	62	561	Quinlan Moll	Jr	UMKC	73	3:00.0	70	4:20.1	73	12:29.9	71	15:37.5	70	22:03.4	
65	63	408	Daniel Koech	Sr	Kansas	30	2:58.3	44	4:18.7	44	12:25.1	37	15:28.3	56	21:52.3	
66	64	515	Matt Prest	So	Saint Louis	39	2:58.7	45	4:18.8	38	12:24.6	41	15:28.5	39	21:42.5	
67	65	557	Jason Fambrough	Jr	UMKC	69	2:59.7	71	4:20.1	71	12:29.7	77	15:38.7	72	22:03.6	
68		478	Zach Buchheit	Sr	Northern Iowa	2	2:56.6	5	4:16.3	5	12:23.2	30	15:27.6	57	21:54.1	
69	66	576	Nathan Wickoren	Jr	Wichita State	3	2:56.7	4	4:16.0	15	12:23.7	42	15:28.6	61	21:56.9	
70	67	325	Taylor Floydmevs	Jr	Bradley	67	2:59.7	67	4:19.8	50	12:25.4	56	15:29.8	65	21:58.1	
71	68	340	Pat Reinschmidt	Sr	Creighton	10	2:57.2	11	4:16.9	40	12:24.8	59	15:30.6	64	21:57.5	
72	69	371	Zack Smith	So	Illinois	63	2:59.6	55	4:19.3	53	12:25.9	48	15:29.1	55	21:49.9	
73	70	417	Colton Donahue	Jr	Kansas State	85	3:00.5	84	4:20.7	86	12:33.6	82	15:39.5	76	22:07.5	
74	71	574	Pedro Montoya	Jr	Wichita State	4	2:56.9	10	4:16.9	78	12:31.2	83	15:39.9	75	22:07.3	
75	72	510		Sr		34	2:58.5	38	4:18.5	51	12:25.7	57	15:29.8	59	21:55.2	

			Neal Fitzpatrick		Saint Louis											
76	73	547	Dallas Elmore	Sr	Tulsa	62	2:59.5	61	4:19.5	76	12:30.9	74	15:38.2	79	22:09.1	
77	74	404	Avery Hale	Fr	Kansas	37	2:58.6	52	4:19.2	54	12:25.9	51	15:29.2	63	21:57.4	
78	75	388	Anthony Gregorio	Sr	Iowa	83	3:00.3	76	4:20.4	90	12:34.3	98	15:43.7	87	22:13.3	
79	76	324	Haran Dunderdale	Jr	Bradley	59	2:59.4	42	4:18.7	70	12:29.5	86	15:40.5	92	22:17.3	
80	77	457	Pat Letz	Sr	Nebraska	75	3:00.1	75	4:20.3	72	12:29.8	68	15:35.6	77	22:08.4	
81	78	445	Zach Cook	So	Missouri	194	14:23.9	90	4:21.1	107	12:37.1	111	15:46.8	100	22:18.5	
82	79	568	Joe Harter	Jr	Wichita State	8	2:57.1	1	4:15.8	55	12:26.3	67	15:35.5	83	22:11.2	
83	80	422	Bryan Zack	Jr	Kansas State	100	3:01.3	98	4:21.6	95	12:34.8	96	15:43.1	82	22:11.1	
84	81	391	Nathan Mylenek	Fr	Iowa	124	3:03.2	115	4:22.9	115	12:40.1	115	15:49.9	99	22:18.4	
85	82	460	Austin Post	Jr	Nebraska	26	2:58.1	28	4:18.0	84	12:32.9	101	15:44.2	98	22:18.2	
86	83	443	Derek Wiebke	Jr	Minnesota	120	3:03.0	120	4:23.8	105	12:36.7	90	15:42.0	73	22:04.4	
87	84	459	Jacob Olson	Sr	Nebraska	84	3:00.4	85	4:20.8	93	12:34.6	107	15:45.1	96	22:18.0	
88	85	513	Lance Mueller	So	Saint Louis	57	2:59.4	39	4:18.5	63	12:27.7	65	15:35.0	80	22:09.8	
89	86	558	Marcus Johnson	So	UMKC	128	3:03.5	124	4:24.1	110	12:37.4	102	15:44.3	91	22:17.1	
90	87	362	Tyler Yunk	Sr	Eastern Illinois	65	2:59.6	78	4:20.5	94	12:34.6	99	15:43.8	90	22:17.0	
91	88	454	Jordan De Spong	Fr	Nebraska	112	3:02.2	110	4:22.4	89	12:34.1	75	15:38.3	78	22:08.5	
92		373	Kevin Koski	Fr	Illinois State	97	3:01.2	106	4:22.1	98	12:35.0	95	15:42.6	95	22:17.9	
93	89	448	Sheldon Keence	Jr	Missouri	46	2:59.0	47	4:19.0	75	12:30.8	87	15:40.7	102	22:18.7	
94	90	474	Camron Roehl	Jr	North Dakota State	116	3:02.6	117	4:23.7	101	12:36.2	89	15:41.9	86	22:13.0	
95	91	421	Lukas Koch	Sr	Kansas State	163	3:06.1	166	4:28.5	126	12:47.5	125	15:58.4	115	22:30.9	
96		372	Jeff Bajema	Sr	Illinois State	12	2:57.4	7	4:16.6	61	12:27.3	80	15:39.0	94	22:17.7	
97	92	389	Bailey Hesse-Withbroe	So	Iowa	101	3:01.3	105	4:22.0	114	12:39.9	114	15:49.8	110	22:27.0	
98	93	537	Micah Mather	Fr	South Dakota St.	148	3:04.9	141	4:26.3	136	12:50.5	132	16:00.6	123	22:34.4	
99	94	380	Walmer Saavedra	Fr	Illinois-Chicago	173	3:07.0	169	4:29.2	140	12:52.6	133	16:01.7	114	22:30.8	
100	95	509	Aaron Dugan	Fr	Saint Louis	90	3:00.8	80	4:20.6	88	12:34.0	92	15:42.1	89	22:16.2	

Results by Josh Gerber of Wayzata Results, Inc. Results will be posted online @ www.wayzatarresults.com

**2016 NCAA DI Midwest Region Cross Country Championships
Ashton Cross Country Course, Iowa City, IA
11/11/2016
Mens 10000M**

Place	TmPl	No.	Name	Yr	Team	Rank	1k	Rank	3k	Rank	4k	Rank	5k	Rank	7k
101	96	489	Brendan Taylor	So	Oklahoma	51	2:59.2	65	4:19.6	79	12:31.2	73	15:37.8	88	22:14.9
102	97	431	Peter Schaible	Jr	Loyola (Ill.)	169	3:06.6	175	4:29.5	153	12:55.2	137	16:04.4	117	22:32.6
103	98	452	Michael Widmann	Fr	Missouri	76	3:00.1	92	4:21.2	109	12:37.2	110	15:46.7	101	22:18.5
104	99	498	Brigham Hedges	Jr	Oklahoma State	79	3:00.2	74	4:20.2	74	12:30.7	88	15:41.1	105	22:23.1
105	100	345	Jeremy Lozano	Jr	DePaul	139	3:04.3	158	4:27.8	150	12:54.5	143	16:06.1	128	22:38.9
106	101	522	Benjamin Scamihorn	Jr	SIU-Edwardsville	159	3:05.5	194	9:33.5	132	12:48.1	194	26:34.9	111	22:27.5
107	102	456		Fr	Nebraska	87	3:00.7	88	4:21.0	92	12:34.5	109	15:46.2	107	22:24.6

			Karson Lecomte												
108	103	555	James Barnett	Jr	UMKC	123	3:03.2	123	4:24.1	111	12:37.4	106	15:44.8	97	22:18.1
109	104	442	Matt Welch	Jr	Minnesota	109	3:01.9	112	4:22.6	83	12:32.6	85	15:40.3	93	22:17.6
110	105	477	Derek Warner	So	North Dakota State	121	3:03.1	129	4:24.5	127	12:47.7	123	15:57.6	120	22:33.2
111		480	CJ May	Fr	Northern Iowa	155	3:05.3	148	4:26.9	124	12:46.9	120	15:55.2	113	22:29.1
112	106	521	Tyler Owens	Jr	SIU-Edwardsville	160	3:05.5	150	4:27.2	130	12:48.0	129	15:59.0	121	22:34.1
113		542	Jonathon Vara	So	Southern Illinois	94	3:01.1	99	4:21.6	125	12:47.0	128	15:59.0	122	22:34.3
114	107	463	Drew Campbell	Sr	North Dakota	162	3:06.0	152	4:27.3	143	12:53.2	142	16:05.8	132	22:40.4
115	108	385	Kevin Docherty	Sr	Iowa	98	3:01.2	93	4:21.3	67	12:28.7	63	15:33.2	84	22:11.4
116	109	484	Nic Butts	Fr	Oklahoma	113	3:02.3	109	4:22.3	123	12:44.6	127	15:58.9	127	22:38.8
117	110	472	Matthew Jennings	Sr	North Dakota State	125	3:03.3	139	4:25.8	146	12:54.2	147	16:07.0	140	22:46.2
118	111	419	Blake Goodin	Sr	Kansas State	176	3:07.2	178	4:29.7	157	12:58.7	157	16:12.4	148	22:50.0
119	112	572	Kyle Larkin	Jr	Wichita State	6	2:57.1	6	4:16.4	64	12:28.0	79	15:38.8	103	22:18.9
120	113	476	Elliott Stone	So	North Dakota State	117	3:02.7	119	4:23.8	141	12:52.8	141	16:05.5	133	22:41.1
121	114	527	Mach Dojiok	Sr	South Dakota	114	3:02.4	121	4:24.0	135	12:50.5	135	16:03.5	138	22:45.2
122	115	567	Gage Garcia	Jr	Wichita State	40	2:58.7	3	4:15.9	27	12:24.1	70	15:36.0	104	22:23.0
123	116	559	Nathan Keown	Jr	UMKC	91	3:00.8	86	4:20.8	106	12:36.8	112	15:47.1	112	22:28.0
124	117	414	Jacob Ryan	Sr	Kansas	43	2:59.0	57	4:19.4	102	12:36.3	100	15:44.2	106	22:24.4
125	118	486	Zach Gentry	Fr	Oklahoma	78	3:00.2	72	4:20.2	87	12:33.8	104	15:44.4	109	22:26.6
126	119	437	Evan Ferlic	Fr	Minnesota	118	3:02.8	118	4:23.8	108	12:37.1	103	15:44.3	108	22:24.8
127	120	450	Luca Russo	Sr	Missouri	45	2:59.0	50	4:19.1	62	12:27.6	62	15:32.6	81	22:10.1
128	121	429	Connor McCue	Fr	Loyola (Ill.)	174	3:07.0	176	4:29.5	163	13:00.5	160	16:14.7	153	22:55.5
129	122	455	Matt Gilbert	Sr	Nebraska	151	3:05.0	154	4:27.4	134	12:50.1	131	16:00.2	126	22:37.9
130	123	511	Hiob Gebisso	Jr	Saint Louis	86	3:00.6	87	4:20.9	100	12:35.5	108	15:46.1	116	22:31.9
131	124	471	Brant Gilbertson	Jr	North Dakota State	134	3:04.0	135	4:25.3	147	12:54.3	138	16:04.8	135	22:43.5
132	125	573	Reno Law	So	Wichita State	103	3:01.4	102	4:21.9	122	12:44.5	124	15:58.1	130	22:39.7
133		481	Bailey Wetherell	Sr	Northern Iowa	152	3:05.1	153	4:27.3	128	12:47.9	130	15:59.4	131	22:39.9
134	126	354	Joshua Yeager	So	Drake	129	3:03.5	125	4:24.2	142	12:53.0	154	16:11.4	152	22:54.2
135	127	381	Zach Szczesniak	So	Illinois-Chicago	175	3:07.1	167	4:28.6	155	12:55.7	150	16:07.5	141	22:46.4
136	128	348	Salomon Wright	Sr	DePaul	53	2:59.3	83	4:20.7	113	12:39.4	116	15:51.7	119	22:33.0
137	129	361	Marcus Skinner	Fr	Eastern Illinois	106	3:01.6	104	4:22.0	116	12:40.2	118	15:54.6	124	22:35.3
138		332	DiJon Smith	Jr	Chicago State	143	3:04.6	142	4:26.4	145	12:54.1	151	16:08.9	145	22:49.2
139	130	427	Chandler Diffie	Sr	Loyola (Ill.)	157	3:05.3	165	4:28.5	152	12:54.8	148	16:07.3	143	22:47.8
140	131	475	Connor Schank	Fr	North Dakota State	137	3:04.2	138	4:25.7	149	12:54.5	149	16:07.5	144	22:48.8
141	132	353	Chris Kaminski	Jr	Drake	104	3:01.4	108	4:22.3	121	12:44.1	126	15:58.9	137	22:44.9
142	133	323	Nyle Clinton	So	Bradley	80	3:00.2	79	4:20.6	112	12:37.7	117	15:53.4	139	22:45.5
143	134	355	Juan Barajas	Sr	Eastern Illinois	61	2:59.5	81	4:20.6	119	12:42.7	122	15:57.5	129	22:39.5
144	135	346		Jr	DePaul	136	3:04.1	147	4:26.8	139	12:52.2	144	16:06.6	146	22:49.3

			Jake Pecorin												
145	136	473	Evan Kottsick	Fr	North Dakota State	154	3:05.2	143	4:26.5	144	12:53.8	139	16:04.8	142	22:46.9
146	137	465	Cataldo Didonna	Jr	North Dakota	158	3:05.4	162	4:28.1	158	12:58.8	156	16:12.1	155	22:58.6
147	138	342	Alex Campanella	Sr	DePaul	7	2:57.1	8	4:16.8	66	12:28.1	91	15:42.0	118	22:32.8
148	139	420	Joe Gorthy	So	Kansas State	138	3:04.2	137	4:25.6	131	12:48.1	136	16:03.8	150	22:50.6
149	140	359	Christopher Orlow	Jr	Eastern Illinois	105	3:01.6	103	4:21.9	117	12:40.6	119	15:55.1	136	22:43.6
150	141	349	Kyle Brandt	Fr	Drake	126	3:03.3	132	4:25.1	148	12:54.4	146	16:06.9	147	22:49.5

Results by Josh Gerber of Wayzata Results, Inc. Results will be posted online @ www.wayzataresults.com

2016 NCAA DI Midwest Region Cross Country Championships
Ashton Cross Country Course, Iowa City, IA
11/11/2016
Mens 10000M

Place	TmPl	No.	Name	Yr	Team	Rank	1k	Rank	3k	Rank	4k	Rank	5k	Rank	7k
151	142	526	Brice Cowman	Jr	South Dakota	130	3:03.6	133	4:25.3	167	13:03.2	167	16:22.0	162	23:07.4
152	143	377	Zade Kurdieh	Jr	Illinois-Chicago	178	3:07.2	174	4:29.4	168	13:03.3	164	16:19.0	161	23:07.1
153	144	387	Daniel Gardarsson	So	Iowa	122	3:03.2	128	4:24.5	129	12:48.0	134	16:01.8	149	22:50.3
154	145	350	Kyle Cass	Fr	Drake	132	3:03.8	131	4:24.8	154	12:55.3	153	16:11.4	154	22:58.5
155	146	446	Marc Dubrick	Jr	Missouri	74	3:00.1	77	4:20.4	99	12:35.1	105	15:44.7	125	22:35.8
156	147	360	Robby Prescott	Fr	Eastern Illinois	102	3:01.4	96	4:21.5	118	12:41.0	121	15:57.1	151	22:51.4
157	148	528	Pierce Libbey	So	South Dakota	141	3:04.4	144	4:26.6	160	12:59.6	161	16:15.4	158	23:05.2
158	149	430	Derek Rink	Fr	Loyola (Ill.)	171	3:06.9	171	4:29.3	166	13:02.0	163	16:17.5	159	23:05.4
159	150	512	Dorrian Gordon	So	Saint Louis	68	2:59.7	58	4:19.4	80	12:32.0	97	15:43.2	134	22:41.1
160	151	562	Daylan Quinn	Fr	UMKC	133	3:03.8	130	4:24.8	133	12:49.1	145	16:06.8	156	23:01.7
161	152	375	Alex Bashqawi	Jr	Illinois-Chicago	144	3:04.6	136	4:25.6	137	12:51.0	140	16:05.3	157	23:03.7
162	153	351	Matt Cozine	Fr	Drake	153	3:05.1	140	4:25.9	151	12:54.7	155	16:11.8	160	23:05.9
163	154	470	Kyle Sweeney	Fr	North Dakota	166	3:06.3	170	4:29.3	175	13:12.5	177	16:35.6	171	23:22.9
164	155	339	Jacob Ohnstad	Jr	Creighton	168	3:06.6	172	4:29.3	173	13:09.6	171	16:28.3	172	23:23.7
165	156	469	Scott Kvidera	Jr	North Dakota	165	3:06.3	160	4:27.9	156	12:56.6	159	16:14.7	164	23:10.9
166	157	336	Eric Klein	Sr	Creighton	161	3:05.8	164	4:28.2	159	12:59.2	165	16:19.1	166	23:13.7
167	158	531	Eldon Warner	So	South Dakota	115	3:02.6	134	4:25.3	169	13:03.7	168	16:22.4	169	23:19.7
168		518	James Kosbar	So	SE Missouri	183	3:08.0	179	4:30.2	170	13:03.7	169	16:23.0	167	23:15.9
169	159	338	Ty Medd	So	Creighton	156	3:05.3	159	4:27.9	162	13:00.4	162	16:17.5	165	23:11.3
170	160	464	Connor Danielson	Jr	North Dakota	146	3:04.8	149	4:26.9	171	13:07.6	172	16:28.4	170	23:22.6
171	161	347	James Ryan	Jr	DePaul	145	3:04.7	151	4:27.2	161	13:00.2	166	16:21.1	173	23:25.4
172	162	382	Kevin Ziegenhorn	So	Illinois-Chicago	179	3:07.5	177	4:29.6	177	13:13.9	176	16:34.8	177	23:31.2
173	163	379	Brixton Rill	Jr	Illinois-Chicago	131	3:03.7	116	4:23.2	138	12:51.0	152	16:10.0	163	23:10.2
174	164	418	Keegan Donahue	Fr	Kansas State	182	3:08.0	185	4:31.9	174	13:09.7	173	16:28.6	174	23:26.5
175	165	529	Hunter Paulsen	So	South Dakota	140	3:04.4	146	4:26.8	176	13:12.5	175	16:34.8	175	23:29.7
176	166	426	Riley Demeulenaere	Fr	Loyola (Ill.)	172	3:06.9	168	4:29.1	164	13:00.6	158	16:14.6	168	23:18.5
177		565	Lucas Lingle	So	Western Illinois	190	3:12.2	191	4:38.2	187	13:31.0	185	16:56.4	184	23:55.9
178	167	343	Noah Deck	So	DePaul	142	3:04.5	155	4:27.5	165	13:01.5	170	16:25.2	176	23:29.9
179		564	Grant Kaiser	Jr	Western Illinois	191	3:13.8	190	4:38.0	185	13:29.5	183	16:53.1	179	23:42.8
180	168	523	Landon Skelly	Fr		177	3:07.2	173	4:29.4	172	13:08.0	174	16:32.7	178	23:38.0

					SIU- Edwardsville										
181	169	333	Nate Fedel	Fr	Creighton	181	3:08.0	183	4:31.4	181	13:16.5	182	16:42.8	180	23:46.9
182		563	Brady Hunt	Sr	Western Illinois	193	3:15.7	193	4:40.8	186	13:30.9	187	16:59.0	185	24:00.7
183	170	466	Jacob Henne	Fr	North Dakota	164	3:06.2	161	4:28.0	180	13:16.1	179	16:41.3	183	23:51.6
184	171	530	Jacob Simmons	So	South Dakota	150	3:04.9	156	4:27.5	182	13:16.9	180	16:42.1	182	23:50.8
185		566	Corey Thompsen	Jr	Western Illinois	192	3:14.7	192	4:40.2	184	13:29.5	184	16:56.1	186	24:00.8
186		517	Nathan Cook	So	SE Missouri	184	3:08.1	180	4:30.3	178	13:15.3	181	16:42.2	181	23:47.3
187		505	Cameron Peterson	Sr	Oral Roberts	189	3:09.1	189	4:34.0	188	13:33.5	188	17:06.6	189	24:28.3
188	172	468	Edward Kiolbasa	Fr	North Dakota	167	3:06.4	163	4:28.2	183	13:21.5	186	16:57.4	188	24:24.4
189		331	Andrew Huff	Jr	Chicago State	188	3:08.8	187	4:33.0	190	13:40.9	190	17:18.7	191	24:45.4
190	173	524	Austin Woodard	Fr	SIU-Edwardsville	187	3:08.5	188	4:33.9	193	13:48.4	192	17:22.2	190	24:44.1
191	174	519	Anthony Holshouser	Jr	SIU-Edwardsville	185	3:08.1	184	4:31.6	189	13:40.7	189	17:18.3	194	25:12.7
192	175	337	Jake Landreth	So	Creighton	186	3:08.2	186	4:32.7	192	13:46.2	193	17:24.1	192	24:48.8
193	176	525	Aaron Breyer	Jr	South Dakota	170	3:06.6	181	4:31.1	191	13:41.5	191	17:20.3	193	24:57.2
194		504	Joshua Lee	Jr	Oral Roberts	180	3:07.8	182	4:31.3	179	13:15.6	178	16:40.3	187	24:01.9

Results by Josh Gerber of Wayzata Results, Inc. Results will be posted online @ www.wayzataresults.com

2016 NCAA DI Midwest Region Cross Country Championships
 Ashton Cross Country Course, Iowa City, IA
 11/11/2016
 ***** TEAM SCORE *****

1.	64	Oklahoma State	(30:36.9 153:04.4 0:32.5)
1	2	Joshua Thompson	Sr 30:18.9
2	4	Hassan Abdi	Jr 30:23.5
3	15	Sylvester Barus	Jr 30:42.7
4	20	Christian Liddell	So 30:47.9
5	23	Anthoney Armstrong	Jr 30:51.4
6	(35)	Luis Martinez	Jr 31:05.3
7	(99)	Brigham Hedges	Jr 32:20.9
2.	89	Tulsa	(30:42.3 153:31.5 1:06.6)
1	1	Luke Traynor	Sr 30:18.5
2	10	Benjamin Preisner	Jr 30:35.0
3	11	Henry Pearce	Jr 30:35.9
4	12	Adam Roderique	Jr 30:37.0
5	55	Jay Ort	So 31:25.1
6	(57)	Isaac Dobos	So 31:31.7
7	(73)	Dallas Elmore	Sr 31:51.9
3.	113	Illinois	(30:49.8 154:08.9 0:41.2)
1	5	Dylan Lafond	Sr 30:27.1
2	17	Jonathan Davis	Fr 30:44.9
3	25	Jesse Reiser	So 30:52.4
4	27	Dan Lathrop	So 30:56.2
5	39	Zach Dale	Fr 31:08.3
6	(56)	Sean Pengelly	Sr 31:29.9
7	(69)	Zack Smith	So 31:42.9
4.	120	Iowa State	(30:51.4 154:16.8 0:44.1)
1	8	Thomas Pollard	Fr 30:31.0
2	19	Kevyn Hoyos	Sr 30:45.9
3	21	Josef Andrews	So 30:48.1
4	28	Andrew Jordan	Fr 30:56.7
5	44	Toby Hardwick	Jr 31:15.1
6	(46)	Dan Curts	So 31:15.9
7	(54)	John Nownes	So 31:24.5
5.	135	Bradley	(30:55.5 154:37.4 1:08.4)
1	9	Michael Ward	Jr 30:33.7
2	13	Patrick Campbell	Sr 30:39.5
3	16	Jake Hoffert	Fr 30:43.4
4	30	Caleb Beck	Sr 30:58.7
5	67	Taylor Floydmevs	Jr 31:42.1
6	(76)	Haran Dunderdale	Jr 31:57.1
7	(133)	Nyle Clinton	So 32:54.0

2016 NCAA DI Midwest Region Cross Country Championships

Ashton Cross Country Course, Iowa City, IA
11/11/2016
***** TEAM SCORE *****

6.	154	South Dakota St.	(30:58.4 154:51.8 1:00.1)
1	3	Joel Reichow	Sr 30:21.8
2	26	Ayub Kassim	So 30:55.6
3	37	Kyle Burdick	So 31:06.0
4	38	Trevor Capra	Sr 31:06.5
5	50	Chase Cayo	Fr 31:21.9
6	(59)	Brendan Sage	Sr 31:33.1
7	(93)	Micah Mather	Fr 32:15.7
7.	205	Minnesota	(31:12.6 156:02.9 1:21.5)
1	14	Obsa Ali	Jr 30:42.1
2	18	Charlie Lawrence	Jr 30:45.5
3	29	Connor Olson	Fr 30:58.0
4	61	Joey Duerr	Fr 31:33.7
5	83	Derek Wiebke	Jr 32:03.6
6	(104)	Matt Welch	Jr 32:24.5
7	(119)	Evan Ferlic	Fr 32:43.2
8.	233	Kansas	(31:17.7 156:28.5 0:34.9)
1	31	Michael Melgares	So 31:00.3
2	34	Chris Melgares	Jr 31:03.1
3	47	James Hampton	Sr 31:17.3
4	58	Dylan Hodgson	So 31:32.6
5	63	Daniel Koech	Sr 31:35.2
6	(74)	Avery Hale	Fr 31:53.9
7	(117)	Jacob Ryan	Sr 32:40.8
9.	283	Oklahoma	(31:29.0 157:24.7 2:02.6)
1	6	Dylan Blankenbaker	Sr 30:27.3
2	24	Eric Aldritt	Sr 30:51.5
3	48	Liam Meirow	So 31:19.6
4	96	Brendan Taylor	So 32:16.4
5	109	Nic Butts	Fr 32:29.9
6	(118)	Zach Gentry	Fr 32:42.2
10.	333	Missouri	(31:42.5 158:32.1 1:15.9)
1	32	Drew White	Sr 31:01.2
2	36	Oliver Lockley	Sr 31:05.3
3	78	Zach Cook	So 31:58.1
4	89	Sheldon Keence	Jr 32:10.4
5	98	Michael Widmann	Fr 32:17.1
6	(120)	Luca Russo	Sr 32:43.8
7	(146)	Marc Dubrick	Jr 33:23.5

Incomplete Teams:

Illinois State

Kyle Mattes So, Kevin Koski Fr, Jeff Bajema Sr

Southern Illinois

Josh Maier Fr, Jonathon Vara So

Northern Iowa

Zach Buchheit Sr, Cj May Fr, Bailey Wetherell Sr

Chicago State

Dijon Smith Jr, Andrew Huff Jr

SE Missouri

James Kosbar So, Nathan Cook So

Western Illinois

Lucas Lingle So, Grant Kaiser Jr, Brady Hunt Sr, Corey Thompsen Jr

Oral Roberts

Cameron Peterson Sr, Joshua Lee Jr